



# Inside Ladywell

## February 2024



### MIRACLES SURROUND US

From rosy Sunrise, behind Rivo Torto workshop, wonderful Sunsets beyond La Verna taken by Sr Janet Fearn, cheeky squirrels, spotted by Karen Baker (Housekeeping), a family of deer by Franciscan Centre to snowdrops, pink blossom tree and crocuses plus the first daffodil, by Sr Aggie Ken - and then Sr Mary Burke saw some ducks and geese skating-on-ice at Broadwater lake, Godalming.



News, Views and Photos for Everyone Living and Working in Ladywell

# Welcome to Ladywell



and



*We all hope you will both be very happy in Ladywell*

**James Trethewey**  
Estates and Facilities Team Supervisor

**David Beresford**  
Franciscan Centre Team Youth Ministry Lead.

## News from Franciscan Centre



The Franciscan Centre Ladywell Youth Ministry Team led a retreat for some 63 Year 7 students of the Cardinal Newman Catholic School at Dalesdown Centre in Horsham, 22-26 January. The residential retreat centered on encountering God, encountering self, and encountering others.

The students joyfully took part in a series of activities that raised their awareness of God's presence in their lives. They creatively dramatised Salvation History, explored the images of God, did gentle body prayers, and shared the good news of God's love amongst themselves. The 5-day retreat was meditative and fun-filled with prayer, games, art, competitions, and quizzes.

The students were accompanied by the school's Chaplaincy Team teachers where the first lot of 32 students and 31 students in the second lot fully participated.

It was truly a blessed and transformative experience for all, and the children know and believe God loves them all unconditionally.

**"This week has reaffirmed our mission and purpose to offer our young people the opportunity to encounter the Lord."** –

*A quote from Jane Noble, School Chaplain.*



**Fr Caoimhín Ó Laoide** celebrated Mass each day for the retreatants



**Jane Noble, David & Sarah Beresford** and **Francis Abanga** arriving at Dalesdown Centre, Horsham

# Ladywell celebrates Lunar New Year

Everyone enjoyed their Eastern Fare and the get-together



Bill Watson, Jane Bertelsen, Shona Cahill, Sheila Isaac and Tom O'Callaghan Emiliya Parker, Emily Smith, Shaun Cooper, David Breesford, Francis Abanga



Marie Grogan, Rita Ballard, Anne Connor, Fr David Myers, Clare Koh



James Trethewey, Andrew Watson, Rachael Jones, Dawn Harwar, Curt Gibson



Lucy Harmsworth, Jason Wiltshire, Sr Lucy Audu, Terry Welland, Heather Burst



Anne Leahy, Mary Liz Share, Barbara Pereira, Shirley Aeria, Alistair Stewart



Kludia Berzsan, Caoimhin Ó Laoide, Jen Price, Liza Reintges, Janet Fearn



Ciara Thayre, Karen Baker, Iwana Pawlak, Lisa Sapsed, Louise Murphy



Theresa Ryan, Claudia Lee, Bridget Tighe, Chee Yen Shak



Monica Weedon, Trish Waddilove, Joanne Halford



Lisa Sapsed, Dominic Penney



# Inside La Verna

*Happy  
Feastday  
Sr Angela  
Carroll*

We all  
hope that  
you both  
have a  
happy  
healthy  
year ahead

*Happy  
90th  
Birthday  
Sr Katie  
Naylor*



## HAPPY CHINESE NEW YEAR 2024: The Year of the Dragon



Sr Cathie made amazing table decorations for LV



1928, 1940, 1952, 1964, 1976, 1988, 2000 & 2012:  
this year is predicted to bring positive change!

People born under the sign of the dragon are reputedly natural leaders, strong, energetic, outspoken, and naturally lucky and gifted, with high standards - doing everything to the best of their ability.

LV 'dragons' - Sr Marguerite, Sr Tony, Sr June, Sr Marina, and behind, Janet and Nook. We understand that Shaun is a Ladywell dragon too!



Thank you for all the LV decorations, Jeanette



### We pray together:

God of this New Year, as we look to tomorrow let us today embrace the past with remembrance, and the future with longing. Let us face our future with confidence and hope, daring to stay open to whatever today or tomorrow will offer us, daring to go fearlessly into things without knowing how they will turn out, daring to keep going even when something does not work for the first time. Let us pray that we may travel into our future with a trust that enables us to put our hand into the hand of God, confident that it will be better than a light and safer than a known way. Amen

Produced by Janet Fry L.V. Administrator -Thank you

Sr Marina, Sr Mary B and Sr Monica enjoying a few moments together before their main course arrives, with Sr Valerie and Sr Barbara in the background



LV Kitchen Team (Nook, Lorraine, Rung and Tara) put on a magnificent spread

## Keeping fit, Spiritually, Physically and Creatively



Sr Dot keeps the spiritual library in very good order



Leane Jarman our fitness coach praises Sr June for her 'flying angel' pose during a yoga session (at 97 yrs she is Leane's oldest yogi ever)



Sr June is also a star at Sr Mary Burke's colouring classes

# Inside St Clares

## Happy Diamond Jubilee Sr Mary Rose



Sister Mary Rose Doyle cuts her Coffee and Walnut cake made by Lorraine Molai, celebrating her 60 years in Religious vows watched by Sr Maureen Halley



Thidar and Pavlinka preparing lunch



Shona Cahill and Jude O'Mara with Mary Rose



Rung Bonner and Thi Dar Lem share the 'Lucky Toss' with Sr Aggie Ken. The Lou Hei or Yee Sang is a dish of many Ingredients that are tossed together singing their hopes and dreams for the coming year.

### Lunar New Year Tradition

Sisters and Chee Yen Shak share a traditional reunion meal remembering their families.



Lucy Harmsworth and Francis Abanga admire the decorations



recently widowed, Mrs Ann Hutley, (Wintershall) came for lunch and enjoyed her birthday cake.



## Charity for Lent



Why not join in our community effort this year by counting your steps from here to there and record them in the book on the desk of the Pastoral Corner in La Verna. Give a donation and get a sponsor if you can. We are linking up with St Edmunds Parish, Godalming in this venture. Good health for body, mind and spirit. Thank you everyone.

SR MARY BURKE HAS PREPARED A LIST OF STEP COUNTS FOR US!

### Indoor walking

- La Verna downstairs loop - 265
- La Verna Chapel to Community Room - 120
- Community Room to Main Chapel - 110
- Community Room to Dining Room - 70
- La Verna Front door to St Clare's Front Door via the Cloister - 325
- La Verna Top Floor Loop - 175

### Outdoor walking

- La Verna to the Front Gate via the Drive - 400
- La Verna to Front Gate via path - 471
- Circuit of Pullman Lane and back by Godalming College - 4000
- La Verna to the Haven and Back - 3500
- La Verna to the Back Gate and Back - 830
- Graveyard from La Verna Cloister Door - 300
- La Verna to Gubbio Front Door - 400
- Up and down the Graveyard Paths - 500



Since the horrifying attacks by Hamas on 7.10.23 and the intensive bombardment in retaliation from Israel, the humanitarian situation facing people in Gaza has become increasingly desperate.

Cafod are actively responding through local experts in both Gaza and Israel. **Please donate today**, you will help families who are losing their homes and loved ones and need urgent support.

**We pray for the dead and the grieving, for those working for healing and to bring aid. Thank You**

## Rest in Peace John Lydon

Your good works will go with you

Estates and Facilities Team from 2017 - 2024



We pray for John's wonderful family at this sad time.



John Lydon 'on the job' in La Verna taken by Darren Jones not long before his last hospital stay.

When John went back to his Irish homeland He often raised funds for Moylagh Hospice, Co Meath. - seen above with his two cousins who run the 50K challenge every year. Thank you John and now you rest in Peace.



We also remember with affection, Sharon Lewer who was housekeeper in Ladywell Retreat Centre from 2013 to 2021 and who died on January 23rd. We thank you for all your good work and remember your family in our prayers. Rest in Eternal Peace



## Farewell Ciara Thayre



Srs Angela Carroll, Maureen Halley and Valerie with Ciara.

Ciara joined our Housekeeping force in July 2021 and saw us all through the Covid pandemic, initially in St Clares and then moving to the sisters houses in Godalming and Guildford. We thank you Ciara for your care of us and now we wish you every blessing as you move forward to new pastures.



Tilly Patterson, Louise Murphy, Lisa Sapsed, Sara Taylor, Debbie Culley, Sharon Nunn, Karen Baker, Ciara Thayre, Jude O'Mara Sr Anne Leahy

## Farewell Curt Gibson



Shaun Cooper gave the vote of thanks to Curt in the Refectory



Estates Team at the coffee morning



Curt with Jason Wiltshire



Srs Cathy Lai, Hazel and Clare Koh with Curt

Thank you everyone for your photos this month. Please keep sending your stories, news items and photos for sharing to:  
Sister Frances Hall  
[frances\\_hall@hotmail.com](mailto:frances_hall@hotmail.com)



Curt with Sr Shirley Mills and Liza Reintges

In La Verna we all enjoyed a cup of tea with Curt (our Mr Fixit) before he left us. We are sorry to see him go and we all thank him for leaving Ladywell Estate in very good order, we wish him every blessing as he moves on.

