

**An Irish Blessing a thiarna dean trocaire**

(Press ctrl and link) <https://youtu.be/L2gh1-JdK7M>

May the blessing of light be upon you,  
light on the outside  
light on the inside.

With God's sunlight shining on you,  
may your heart glow with warmth like a turf fire  
that welcomes friends and strangers alike.

May the light of the Lord shine from your eyes  
like a candle in the window,  
welcoming the weary traveler.

May the blessing of God's soft rain be on you,  
falling gently on your head,  
refreshing your soul with the sweetness  
of little flowers newly blooming.

May the strength of the winds of Heaven bless you,  
carrying the rain to wash your spirit clean,  
sparkling after, in the sunlight.

May the blessing of God's earth be on you  
and as you walk the roads,  
may you always have a kind word  
for those you meet.

May you understand the strength and power of God  
in a thunderstorm in winter,  
and the quiet beauty of creation  
and the calm of a summer sunset.

And may you come to realize that  
insignificant as you may seem  
in this great universe,  
you are an important part of God's plan.

May He watch over you and keep you safe from harm.



**A blessing from Sisters Anna, Margaret Rose and staff to all of us – Chapter Members**